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8-10 small frozen strawberries
3 fresh strawberries
1 c. coconut milk
1 t. almond butter
1 t. honey

Chocolate Avocado

1 avocado
2 frozen bananas
1/2 c. frozen or fresh raspberries
1-2 T. unsweetened cocoa powder
2 c. almond or coconut milk

Cinnamon Coconut Banana

1/2 c. coconut milk
4 large egg yolks
1 medium banana
1/4 c. ice
1/2 t. cinnamon

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