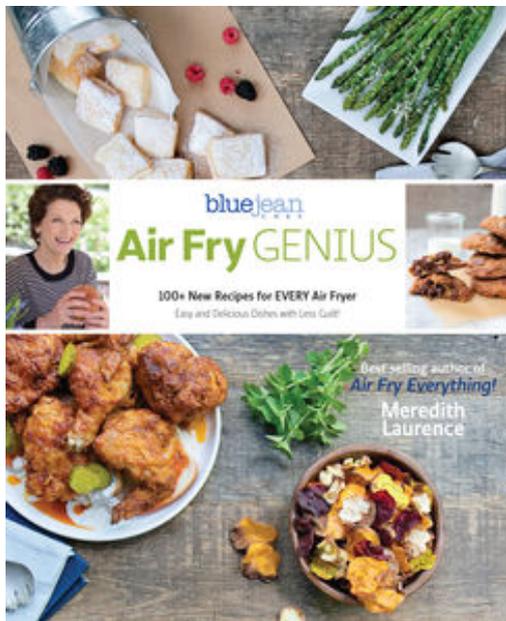


Air Fry Genius Download Online EBook

Meredith Laurence Download Ebooks [EN]

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Air Fry Genius Download Online eBook Meredith Laurence Free eBook PDF/ePub/Mobi/Mp3/Txt, The Blue Jean Chef turns her culinary genius onto the latest hot cooking appliance trend—air frying!

Whether you're a novice in the kitchen or a more experienced chef, *Air Fry Genius* takes home cooks beyond air frying as a trend, teaching you how to use any air fryer to create easy, delicious meals with less guilt than traditional frying.

Including 100+ recipes—from wholesome breakfasts to decadent desserts, and each paired with color photos—*Air Fry Genius* also includes Meredith Laurence's signature tips and tricks for getting the most out of your air fryer using frying, roasting, and baking techniques to create healthier, faster, and less messy meals to impress your family and friends.

Those new to air frying will love *Air Fry Genius's* "Easy" recipes for beginners, along with tips on how to convert traditional recipes to air fryer recipes, air fry cooking time charts, and primers throughout the book on various air-frying techniques. Experienced cooks looking to enhance their culinary skills will also love this book, with recipes and ways to take their air-frying skills to the next level. Vegetarian, vegan, and gluten-free recipes are abundant, as well as tips for planning ahead. All recipes includes nutrition information so you can be well-informed about what you're eating.

Snacks & Appetizers: Avocado Fries with Quick Salsa Fresca, Dill Fried Pickles, Veggie Chips, Cauliflower "Tater" Tots, Fried Mozzarella en Carrozza with Putanesca Sauce

Breads & Breakfast: Hush Puffins, Peppered Maple Bacon Knots, French Toast & Turkey Sausage Roll-ups, Cheesy Olive & Roasted Red Pepper Bread

Beef: Meatloaf with Tangy Tomato Glaze, Vietnamese Beef Lettuce Wraps, T-Bone Steak with Roasted Tomato, Corn & Asparagus Salsa

Pork & Lamb: Blackberry BBQ Glazed Country-Style Ribs, Lollipop Lamb Chops with Mint Pesto, Crispy Pork Medallions with Endive & Radicchio Salad

Chicken & Poultry: Nashville Hot Chicken, Thai Turkey and Zucchini Meatballs, Maple Bacon Wrapped Chicken Breasts, Sesame Orange Chicken

Fish & Seafood: Lobster Tails with Lemon Garlic Butter, Shrimp Sliders with Avocado, Quick Shrimp Scampi, Crab Stuffed Salmon Roast

Vegetarian Main Dishes: Corn and Pepper Jack Chile Rellenos with Roasted Tomato Sauce, Quinoa Burgers with Feta and Dill, Spaghetti Squash and Kale Fritters, General Tso's Cauliflower

Vegetable Side Dishes: Fried Green Tomatoes with Sriracha Mayo, Jerk Rubbed Corn on the Cob, Roasted Heirloom Carrots with Orange and Thyme, Parmesan Asparagus

Desserts: Air-Fried Beignets, Hasselback Apple Crisp, Black and Blue Clafoutis, S'mores Pockets

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