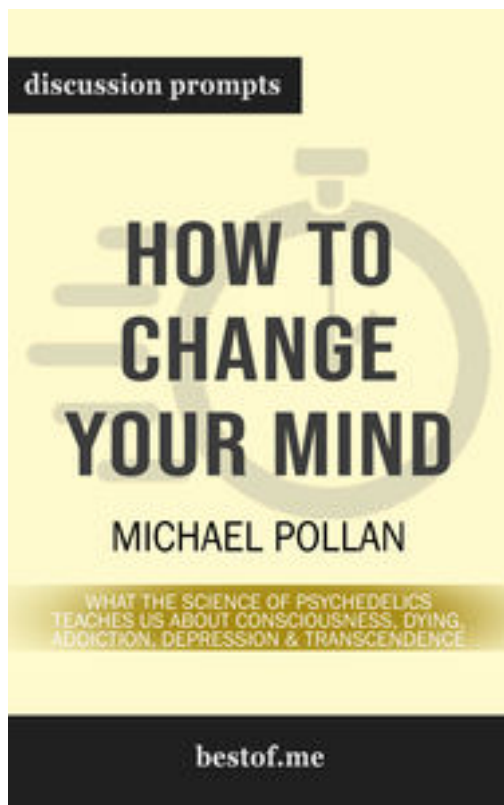


How To Change Your Mind: What The New Science Of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, And Transcendence (Discussion Prompts) Download Online EBook Bestof.me Download Ebooks [EN] PDF, EPub, Mobi



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How to Change your Mind, is a fascinating account of the revolutionary drugs used in Psychedelic therapy. It is about a revival movement in their use for treating terminal illness, addiction and depression. A non-fiction account, written by Michael Pollan, who is an established author in the literary world. He writes relatable material about scientific innovations. He describes some of the history behind the hallucinogen type drugs and takes some real life 'trips' into the world of LSD and other hallucinogens. This book is rated by the New York times and other literary establishments. Michael Pollan is upheld as one of the hundred most influential people by the Times Magazine. Despite confessing

he was probably an awkward choice as an author for this genre of book, he has produced a non-fiction book that stands out as convincing and worth reading.

In this comprehensive look into How to Change Your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence By Michael Pollan, you'll gain insight with this essential resource as a guide to aid your discussions. Be prepared to lead with the following:

- **Discussion aid which includes a wealth of prompts and information**
- **Overall plot synopsis and author biography**
- **Thought-provoking discussion questions for a deeper examination**
- **Creative exercises to foster alternate "if this was you" discussions**

Disclaimer: This is a companion guide based on the work How to Change Your Mind: What the New Science of Psychedelics Teaches Us About Consciousness, Dying, Addiction, Depression, and Transcendence By Michael Pollan and is not affiliated to the original work or author in any way. It does not contain any text of the original work. If you haven't purchased the original work, we encourage you to do so first.

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