

Instantly French! Download Online eBook Ann Mah Download Ebooks [EN] PDF, EPub, Mobi



Instantly French! Download Online eBook Ann Mah Free eBook PDF/ePub/Mobi/Mp3/Txt, The first electric pressure cooker book devoted specifically to French food, *Instantly French!* brings the scrumptious flavors of traditional French cuisine to your table—without the hours of slow cooking French food normally requires.

Author of *Mastering the Art of French Eating*, Ann Mah is undoubtedly an expert on all things relating to French food. But when she discovered the electric pressure cooker, she realized that it was the secret weapon the French have used for years to speedily prepare the complex dishes of *la cuisine de grandmère*. In her first cookbook, Ann celebrates

everything gastronomically French that an electric pressure cooker can do with over seventy different recipes that cut cooking times in more than half.

The delights of *Instantly French!* range from appetizers like eggplant caviar, *pâté de campagne*, and savory mini blue cheese cakes to soups like traditional French onion or an autumnal purée of butternut squash and chestnut. For main courses, there are classics like boeuf bourguignon, cassoulet, chicken tagine with preserved lemons, and blanquette de veau. Desserts feature poached pears, flourless chocolate cake, and crème brûlée. And, all of these dishes can be made in a fraction of the time they usually take. Illustrated throughout with full color photos, *Instantly French!* is the essential guide to fast, delicious French cooking with your electric pressure cooker.

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