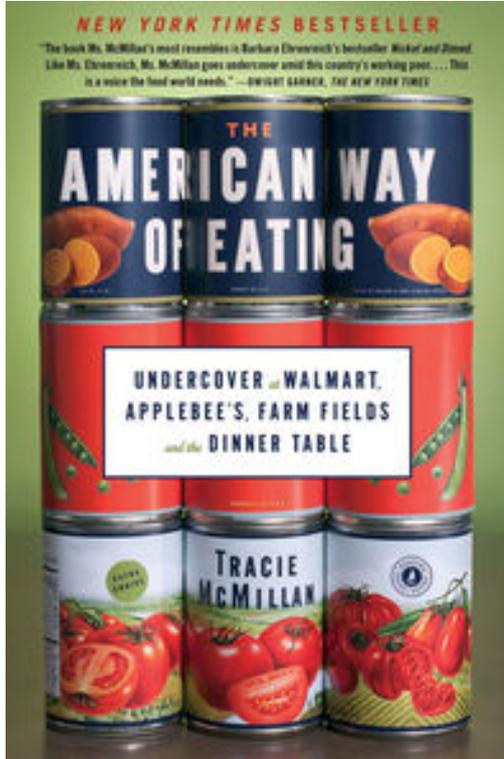


The American Way Of Eating Download Online EBook Tracie McMillan Download Ebooks [EN] PDF, EPub, Mobi



The American Way of Eating Download Online eBook Tracie McMillan Free eBook PDF/ePub/Mobi/Mp3/Txt, The New York Times bestselling work of undercover journalism in the tradition of Barbara Ehrenreich's *Nickel and Dimed* that fully investigates our food system to explain what keeps Americans from eating well—and what we can do about it.

When award-winning (and working-class) journalist Tracie McMillan saw foodies swooning over \$9 organic tomatoes, she couldn't help but wonder: What about the rest of us? Why do working Americans eat the way we do? And what can we do to change it? To find out, McMillan went undercover in three jobs that feed America, living and eating off her wages in each. Reporting from California fields, a Walmart produce aisle outside of Detroit, and the kitchen of a New York City Applebee's, McMillan examines the reality of our country's food industry in this "clear and essential" (*The Boston Globe*) work of reportage. Chronicling her own experience and that of the Mexican garlic crews, Midwestern produce managers,

and Caribbean line cooks with whom she works, McMillan goes beyond the food on her plate to explore the national priorities that put it there.

Fearlessly reported and beautifully written, *The American Way of Eating* goes beyond statistics and culture wars to deliver a book that is fiercely honest, strikingly intelligent, and compulsively readable. In making the simple case that—city or country, rich or poor—everyone wants good food, McMillan guarantees that talking about dinner will never be the same again.

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