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Here, in her first cookbook, she shares over 150 recipes that the whole family will love, including **Three-Ingredient Banana Pancakes, Sweet Potato Super Muffins, Tuna and Quinoa Baby Bites,, Avocado Pasta, Chicken Korma Pies** and **Buddha Bowls**. Aileen also includes advice on how to get started when your baby is ready to be weaned, as well as her very own kitchen tips.

Wave goodbye to wasting time on purées and preparing separate meals - with The Baby-Led Feeding Cookbook you can enjoy watching your baby effortlessly develop a happy relationship with food for life!

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