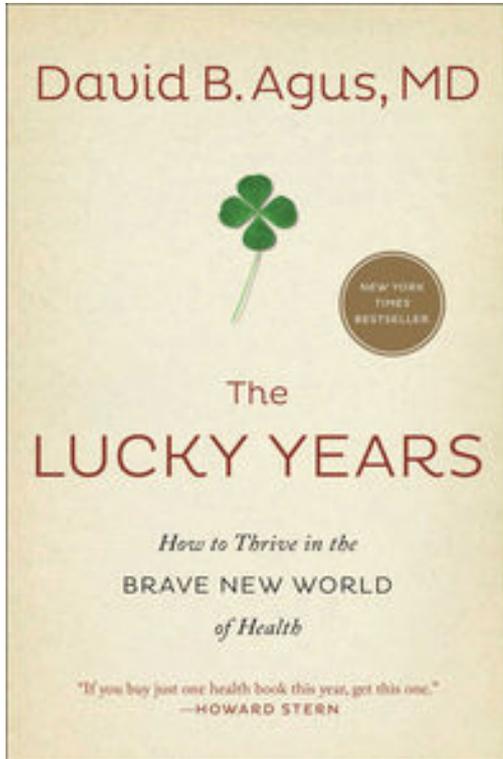


The Lucky Years Download Online eBook David B. Agus Download Ebooks [EN] PDF, EPub, Mobi



The Lucky Years Download Online eBook David B. Agus Free eBook PDF/ePub/Mobi/Mp3/Txt, "If you buy just one health book this year, then get *The Lucky Years*" (Howard Stern). In this groundbreaking guide, bestselling author David Agus shows how we can take control of our health like never before in the brave new world of medicine.

In his first bestseller, *The End of Illness*, David Agus revealed how to add vibrant years to your life by knowing the real facts of health. In *The Lucky Years*, he builds on that theme by showing why this is the luckiest time yet to be alive, giving you the keys to a new kingdom of wellness.

In this new golden age, you'll be able to take full advantage of the latest science and technologies to customize your care. Imagine being able to: edit your DNA to increase a healthy lifespan; use simple technologies to avoid or control chronic conditions like pain, depression, high blood pressure, and diabetes; prolong natural fertility and have children in your forties; lose weight effortlessly without a trendy diet; reverse

aging to look, feel, and physically be ten years younger; and turn cancer into a manageable condition you can live with indefinitely. That's the picture of the future that you can enter—starting today.

With "practical health information fortified with exciting news from the forefront of modern medical technology" (*Kirkus Reviews*), this is an essential, important read. "If you have made a new year's resolution to get healthier, you'll find a buddy in David B. Agus's new book" (*The Boston Globe*). Welcome to the Lucky Years.

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